

Back To School Health Requirements



Dates listed below are for Accomack County Public Schools (ACPS) and Northampton County Public Schools (NCPS)



GET YOUR CHILD READY FOR PreK & KINDERGARTEN

Students must have a current physical to start school on 8/24/26 (NCPS) or 9/8/26 (ACPS). Kindergarten students must have these vaccines to start school: DTap, Hepatitis A&B, MMR, Varicella and Polio. If your child's last physical was BEFORE 8/24/25 (NCPS) or 9/8/25 (ACPS), schedule an appointment.



STUDENTS ENTERING 7TH GRADE

Students need a Tdap booster and first doses of the HPV* and MenACWY vaccines. If your child had a well-child visit in the past 12 months but doesn't have one scheduled before 8/23/26 (NCPS) or 9/7/26 (ACPS), call your center and request a message be sent to your child's provider to request required vaccines.

**Talk with your child's provider if you have concerns about the HPV vaccine.*



STUDENTS ENTERING 12TH GRADE

Students need a MenACWY booster. If your child had a well-child visit in the past 12 months but doesn't have one scheduled before 8/23/26 (NCPS) or 9/7/26 (ACPS), call your center and request a message be sent to your child's provider to request required vaccines.



STUDENT ATHLETES

- The Virginia High School League (VHSL) sports physical form is now good for **14 months**. If your child had a physical/well child check **within the past 14 months** we'll complete the VHSL form for **free**. Drop off the form with the **parents section** completed at the **closest** center. If it has been **more than 14 months** a new physical is needed. Insurance will be billed if covered; otherwise, the cost is \$20. **Schools must have a current VHSL physical on file before conditioning or tryouts for the 2026–27 school year.** Questions? Call your child's center.
- The VHSL sports physical form is available at esrh.org under **Resources** → **Downloadable Documents**.

How To Complete and Submit Documents To Your Child's School

Submit items at the school front desk – in the summer schools are open Monday – Thursday - or at the school's open house. **Parents complete pages 1, 2, 4 & 5.** Rural Health completes pages 3 and 6. Submit forms to school by the school's deadline.

Open House ACPS
Thursday, September 3
11 am - 1 pm
4 pm - 7 pm

Open House NCPS
Thursday, August 20
2 pm - 6 pm

Appointments Available!

Including evenings at Atlantic (Mondays) and Eastville (Tuesdays) centers. Call to schedule.

Atlantic - (757) 824-5676
Chincoteague - (757) 336-3682
Eastville - (757) 331-1086
Onley - (757) 787-7374