

SCHEDULING DOT PE CHECK LIST

You will need the following for your appointment:

- Driver's license
- Ability to give urine specimen
- * Eye Glasses / Hearing Aids (if applicable)
- * Current Medication List

DIABETIC: ***ONLY IF TAKING INSULIN***

- You will need form MCSA-5870 completed by treating provider before DOT

SLEEP APNEA:

- You will be required to bring the past 30-day usage for your CPAP Machine BEFORE your DOT exam.

CARDIOLOGIST:

- If you have had a heart attack, coronary artery stents, heart disease, chest pain or any heart surgery, a cardiology consult will be required BEFORE your DOT exam. You will need to bring a copy of your most recent cardiac stress test results (must be within 2 years), echocardiogram results (if applicable), and a clearance letter from your cardiologist.
- If you have a pacemaker, you must bring documentation of your most recent annual pacemaker check (this must be within the past 12 months).

DEPRESSION:

- If you are being treated for adult depression, any psychiatric disorder, or Attention Deficit/Hyperactivity Disorder (ADHD), you are required to provide documentation from your primary care provider or mental health provider about your diagnosis, treatment plan including medicine for clearance to drive a commercial vehicle.

SEIZURES:

- If you have had a stroke, seizure, head injury, a mini stroke, intracranial bleed, brain infection, dizziness or passing out spells (syncope) you will require a neurology consult BEFORE your DOT exam.

BLOOD THINNERS:

If you take blood thinners, such as Warfarin (Coumadin), you must provide documentation of monthly INR results. You must have a therapeutic INR within a month of your certification.

PROHIBITED DRUGS:

The following list of drugs will disqualify you from obtaining a DOT Physical:

Amphetamine, Codeine, Fentanyl, Hydrocodone, Methadone, Morphine, Marijuana

*** Please note your DOT exam results will be delayed if you are not prepared with the above items***